

# Young Blood



**Count:** 32      **Wall:** 4      **Level:** Intermediate  
**Choreographer:** Alison Biggs & Peter Metelnick, TheDanceFactoryUK, (Jan 2014)  
**Music:** Young Blood – Sophie Ellis Bextor

**Start after 16 count intro – 52bpm – 4mins 28secs**

**[1-8] R fwd, L fwd rock/recover, ¼ L, ½ L ½ L, R cross step, L side, R back rock/recover, R side rock/recover, R back rock/recover**

1-2&3      Step R forward, rock L forward, recover weight on R, turning ¼ left step L side (9 o'clock)  
&4&      Turning ½ left step R side, turning ½ left step L side, cross step R over L (9 o'clock)  
5      Step L side  
6&      Rock R back, recover weight on L  
7&8&      Rock R side, recover weight on L, rock R back, recover weight on L

**[9-16] R side & L drag, L & R back, ¼ L & L side rock/recover, L & R fwd, L fwd rock/recover, ¼ L & L side, R cross step, L coaster**

1-2&      Step R side (big step) and drag L together, step L back, step R back  
3&      Turning ¼ left rock L side, recover weight on R (6 o'clock)  
4&      Step L forward, step R forward  
5-6&      Rock L forward, recover weight on R, turning ¼ left step L side (3 o'clock)  
7&8&      Cross step R over L, step L back, step R together, step L forward

**RESTART WALL 2 & WALL 4 (facing back wall, facing front wall)**

**ENDING: WALL 9 starting facing front wall dance first 16 counts, step R forward, pivot ¼ L to front wall and hold**

**[17-24] R fwd, L fwd, ½ R pivot turn, L fwd, L full turn step R fwd, L fwd rock/recover, L back/together/cross, R side, L back rock/recover**

1-2&3      Step R forward, step L forward, pivot ½ right, step L forward (extended 5th) (9 o'clock)  
&4&      Turning ½ left step R back, turning ½ left step L forward, step R forward (9 o'clock)  
5&      Rock L forward, recover weight on R  
6&      Step L back, step R together,  
7&8&      Cross step L over R, step R side, rock L back, recover weight on R

**[25-32] L nightclub basic, R side full turn, L cross step, R side, L back rock/recover, ¼ L & L fwd, turning ¼ left step R/L fwd**

1-2&      Step L side, rock R back, recover weight on L,  
3&4      Turning ¼ right step R forward, turning ½ right step L back, turning ¼ right step R side (9 o'clock)  
&      Cross step L over R  
5-6&      Step R side, rock L back, recover weight on R  
7-8&      Turning ¼ left step L forward (6 o'clock), turning ¼ left step R forward, step L forward (3 o'clock)

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