



# Trustfall

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Alison Johnstone (AUS) & Colin Ghys (BEL) - February 2023

Music: TRUSTFALL - P!nk : (Apple, Amazon etc.)

**Intro: 16 Count Intro (start on vocals)**

**Restart: Wall 3at count 40 - Restart to 12**

**[1-8&]: STEP OUT R, L, BACK LOCK STEP, ½ OVER L (&), STEP OUT L, R, BACK LOCK STEP (6.00)**

1 2 Step fwd & out on R, Step fwd and out on L  
3&4 Step back R, Lock L over R (&), Step back R  
&5 6 ½ over L on R foot (&) (6.00), Step fwd & out on L, Step fwd and out on R  
7&8 Step back L, Lock R over L (&), Step back L

**[9-16&]: ¼ OVER R BALL (&), CROSS, HOLD, BALL (&) CROSS BEHIND, HOLD, BALL (&) CROSS ROCK, RECOVER. ¼ OVER L SHUFFLE FWD (6.00)**

&1 2 ¼ Ball step over R onto R (&) (9.00), Cross L over R, Hold  
&3 4 Ball step R to side (&), Cross L behind R, Hold  
&5 6 Ball step R to side (&), Cross Rock fwd L, Recover R  
7&8 ¼ over L stepping fwd L (6.00), Step R together (&), Step fwd L

**[17-24]: ½ OVER L BACK ON R, ½ OVER L FWD ON L, SHUFFLE, ROCK, RECOVER, BACK, BACK**

1 2 ½ over L stepping back on R, ½ over L stepping fwd on L  
3&4 Step fwd R, Step L together (&), Step fwd R  
5 6 Rock fwd L, Recover R  
7 8 Walk back L, Walk back R

**[25-32]: BACK STEP OUT L (&), STEP OUT R, BACK, BACK ROCK, RECOVER, ¼ OVER L STEP R SIDE, HOLD**

BALL (&), STEPR SIDE, TOUCH L INTO R (9.00)  
&1 2 Step L back and out (&), Step R back and out, Step back on L  
3 4 Rock back on R, Recover L  
5 6 ¼ over L stepping R to side (3.00), Hold  
&7 8 Ball step L next to R (&), Step R to side, Touch L next to R

**[33-40]: 1 ¼ ROLLING VINE WITH BRUSH, JAZZ STEP FWD (12.00)**

1 2 ¼ over L stepping Fwd L, ½ over L stepping back on R  
3 4 ½ over L stepping fwd L (12.00), Brush Rt fwd  
5 6 Cross R over L, Step back on L  
7 8 Step R to side, Step fwd on L

\*\*\*\* Restart here during Wall 3 facing 12.00\*\*\*\*

**[41-48]: ROCK, RECOVER, ¼ OVER R BALL (&), CROSS, SIDE, BEHIND, SIDE(&), CROSS, SIDE ROCK, RECOVER (3.00)**

1 2 Rock fwd on R, Recover on L  
&3 4 ¼ Ball step over R onto R (&) (3.00), Cross L over R, Step R to side  
5&6 Step L behind R, Step R to side (&), Cross L over R  
7 8 Rock R to side, Recover on L

**[49-56]: BEHIND, HOLD, BALL (&), CROSS, UNWIND ½ OVER L (9.00), PADDLE ¼ PADDLE ¼ (3.00)**

1 2 Step R behind L, Hold  
&3 4 Ball step side onto L (&), Cross R over L, Unwind ½ over L weight ends on L  
5 6 Touch R fwd, Paddle ¼ (6.00)  
7 8 Touch R fwd, Paddle ¼ (3.00)

**[57-64]: CROSS, SIDE, BEHIND (&), SIDE, ROCK FWD, RECOVER, ¼ OVER R, ROCK FWD, RECOVER, STEP TOGETHER (6.00)**

12& Cross R over L, Step L to side, Cross R behind L (&),  
3 4 5 Step L to side, Rock fwd on R, Recover L  
6 7 ¼ over R stepping R fwd (6.00), Rock fwd on L,  
8& Recover on R, Step L next to R (&)

**ENDING: Dance to count 32 facing 3, Step L to 12  
TADA!!!**

**This dance is dedicated to Colin's Grandad "James" who was Colin's TRUSTFALL**

**Thank you to Emmy Legni for this fantastic track**

**Last Update: 22 Feb 2023**

Quelle: <https://www.copperknob.co.uk/>