



The Pressure

Count: 32 **Wall:** 4 **Level:** Improver / Intermediate
Choreographer: Allan Bungeneers (BE) & Raymond Sarlemijn (NO) June 2016
Music: What's The Pressure – Laura Tesoro

S1: Step forward, dorethy step, ¼ turn left, kick ball change, lock behind, ½ turn right

1 LF step forward
2 RF behind LF.
&
3 LF step forward
4 RF step forward
5 ¼ turn left
6 RF kick forward
7 RF close LF.
8 LF step left.
9 RF lock behind LF
10 ½ turn right, weight split weighted

S2: Right Heel, left heel, 2x right heel, ball change, ¼ turn left, sweep, sweep, sweep

1 Lift right heel up, but leave toes on floor
2 Lift left heel up, but leave toes on floor
3 lift right heel up, but leave toes on floor
&
4 Recover heel back on floor
5 Lift right heel up, but leave toos on floor
&
6 RF close LF
7 LF cross over RF
8 1/4 turn lef, RF step back, while doing this sweep LF.
9 LF step back, while doing this sweep RF.
10 RF step back while doing this sweep LF

S3: Coaster step, 2x camel walks, mambo forward, coaster step

1 LF step back. forward.
&
2 RF Close LF
3 LF step forward.
4 RF step forward, while doing this lock Left knee into right knee
5 LF step forward, while doing this lock Right knee into left knee.
6 RF step forward.
7 Recover weight LF.
8 Rf step back
9 LF step back.
10 RF close LF
11 LF step forward.

S4: Knee twist, ½ turn right kick ball change, step forward, ½ turn right step back, ¼ turn right sweep, coatserstep.

1 Twist both knees right.
2 Twist both knees left.
3 ½ turn right, RF kick forward.
&
4 RF close LF.
5 LF step forward.
6 RF step forward.
7 ½ turn right, LF step back
8 ¼ turn right, while doing this sweep RF.
9 RF step back.
10 LF close RF.
11 RF step forward.

TAG: before wall 4, 4 step forward ½ turn around over left, start walking with left.

START AGAIN, HAVE FUN !!!

Quelle: <http://www.copperknob.co.uk/>