

The Only Hell



Choreographers : Dirk Leibing & Silvia Schill
Level : easy intermediate
Dance : 60 counts – 4 Wall
Music : I'm The Only Hell(my Mama Ever raised) by Johnny Paycheck
Intro : 16 counts

Cross Rock, Recover, Chassee, Cross, ¼ Turn, Chassee

1-2 Cross RF in front of LF(1), Recover(2)
3&4 Step RF right(3), Close LF next to RF(&), Step RF right(4)
5-6 Cross LF in front of RF(5), Turn ¼ left stepping RF back(6)(9:00)
7&8 Step LF left(7), Close RF next to LF(&), Step LF left(8)

Syncopated Cross Rock Steps(R+L), Cross, ¼ Turn, Coaster Step

1-2& Cross Rock RF in Front of LF(1), Recover on LF(2), Close RF next to LF(&)
3-4& Cross Rock LF in Front of RF(3), Recover on RF(4), Close LF next to RF(&)
5-6 Cross RF in Front of LF(5), Turn ¼ right stepping LF back(6)(12:00)
7&8 Step RF back(7), Close LF next to RF(&), Step RF forward(8)

Walk, Walk, Tripple ½ Turn, Back Rock Step, Tripple ½ Turn

1-2 Step LF forward(1), Step RF forward(2)
3&4 Turn ¼ right stepping LF left(3)(3:00), Close RF next to LF(&), Turn ¼ right stepping LF back(4)(6:00)
5-6 Rock RF back(5), Recover on LF(6)
7&8 Turn ¼ left stepping RF right(7)(3:00), Close LF next to RF(&), Turn ¼ right stepping RF back(8)(12:00)

¼ Turn Side Rock, Sailor Step, Kick Ball Side(2x)

1-2 Turn ¼ left and Rock LF left(1)(9:00), Recover on RF(2)
3&4 Step LF behind RF(3), Step RF right(&), Step LF left(4)(7:30)
Turn 1/8 left while doing the Sailor Step
5&6 Kick RF forward(5), Step on Ball of RF(&), Step LF left(6)
7&8 Kick RF forward(7), Step on Ball of RF(&), Step LF left(8)

Side Rock, Sailor Step, Heel Switches, Claps

1-2 Rock RF right(1), Recover on LF(2)
3&4 Step RF behind LF(3), Step LF left(&), Step RF right(4)(6:00)
Turn 1/8 left while doing the Sailor Step
5&6& Touch left Heel forward(5), Close LF next to RF(&), Touch Right Heel forward(6), Close RF next to LF(&)
7&8 Touch left Heel forward(7), Clap(&), Clap(8)

Rock Step, Tripple ½ Turn(2x), Coaster Step

&1-2 Close LF next to RF(&), Rock RF forward((1), Recover on LF(2)
3&4 Turn ¼ right stepping RF right(3)(9:00), Close LF next to RF(&), Turn ¼ right stepping RF forward(4)(12:00)
5&6 Turn ¼ right stepping LF left(5)(3:00), Close Rf next to RF(&), Turn ¼ right stepping LF back(6)(6:00)
7&8 Step RF back(7), Close LF next to RF(&), Step RF forward(8)

Charlston Steps

1-2 Step LF forward(1), Point RF forward(2)
3-4 Step RF back(3), Point LF back(4)
5-6 Step LF forward(5), Point RF forward(6)
7-8 Step RF back(7), Point LF back(8)

Jazz Box ¼ Turn, Brush

1-2 Step LF forward(1), Turn ¼ left stepping RF back(2)(3:00)
3-4 Step LF left(3), Brush RF(4)

Have Fun

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