

Stanryck



Count: 32 Wall: 4 Level: Improver

Choreographer: Jamie Barnfield – January 2018

Music: Easy by Stanryck (Album - 80's Go Reggae 3:58) (iTunes & Amazon)

Crystal Boot Awards Teach 2018

Intro: 16 counts

S1: SIDE TOGETHER FWD, SIDE TOGETHER BACK, HIP BUMP RLR, LEFT SHUFFLE FWD

1&2 Step right to right side, close left next to right, step forward on right
3&4 Step left to left side, close right next to left, step back on left
5&6 Step back on right as you hip bump back forward back (RLR) weight on right)
7&8 Step forward on left, close right next to left, step forward on left (12:00)

S2: PIVOT 1/4 LEFT, CROSS SIDE BEHIND, SIDE ROCK RECOVER, BEHIND 1/4 RIGHT, STEP

1-2 Step forward on right, pivot 1/4 left (weight on left) (9:00)
3&4 Cross right over left, step left to left side, cross right behind left
5-6 Rock left to left side, recover on right
7&8 Cross left behind right, turn 1/4 stepping forward on right, step forward on left (12:00)

S3: SCUFF, CROSS, BACK 1/4 RIGHT, HIP BUMP RLR, LEFT SAILOR, MAMBO POINT

&1-2 Scuff right forward (&), cross right over left (1), start turning 1/4 right stepping back on left (2)
3&4 Complete 1/4 right as you bump hips right left right, (3:00) weight on right)
5&6 Cross left behind right, step right in place, step left to left side
7&8 Rock back on right, recover on left, point right toes to right side (3:00) weight on left)

S4: WALK FORWARD RL, MAMBO FORWARD, WALK BACK LR, COASTER CROSS

1-2 Step forward on right, step forward on left
3&4 Rock forward on right, recover on left, step back on right
5-6 Step back on left, step back on right
7&8 Step back on left, Step right next to left, Cross left over right (3:00)

TAG: At the end of wall 1 & 3

4 COUNT HIP SWAYS RLRL

1-4 Step right to right side as you sway hips right, left, right, left (weight on left)

TAG: At the end wall 5

2 COUNT HIP SWAYS RL

1-2 Step right to right side as you sway hips right, left (weight on left)

ENDING: At the end of wall 9 turn the coaster cross 1/4 left to face back to the front wall.

Quelle: <http://www.copperknob.co.uk>