



Say Hey

48 count, 2 wall, intermediate level

Choreographer: Teresa and Vera

Choreographed to: "Hit Me Up" by Gia Farrell (102 bpm), "Happy Feet" soundtrack CD

Start dance 24 counts in, on main vocals

- Section 1** **Kick & Kick & Cross Rock, Side, Kick & Kick & Cross Rock, Side**
1&2& Kick right forward, replace weight to centre on right, kick left forward, replace weight to centre on left
3&4 Cross rock right over left, recover onto left, step right to right side
5&6& Kick left forward, replace weight to centre on left, kick right forward, replace weight to centre on right
7&8 Cross rock left over right, recover onto right, step left to left side
- Section 2** **Toe Strut Jazz Box 1/4 Turn, Weave Right, Back Rock**
1&2& Cross right toes over left, drop heel taking weight, make 1/4 turn right and step left toes back, drop heel taking weight
3&4& Step right toes to right side, drop heel taking weight, cross left toes over right, drop heel taking weight
Styling (optional) Click fingers on toe struts
5&6& Step right to right side, cross left behind right, step right to right side, cross left over right
7-8& Step right to right side, rock left back, recover onto right (3:00)
- Section 3** **Rhumba Box 1/4 Turn x 2**
1&2 Step left to side. Step right beside left, turn 1/4 left stepping left forward
3&4 Step right to side, step left beside right, step right back (12:00)
5&6 Step left to side, step right beside left, turn 1/4 left stepping left forward
7&8 Step right to side, step left beside right, step right back (9:00)
- Section 4** **Left Lock Back, Back Mambo, Left Lock Forward, Full Turn**
1&2 Step left back, lock right across left, step left back
3&4 Rock right back, recover onto left, step right beside left
5&6 Step left forward, lock right behind left, step left forward
7-8 Turn 1/2 left stepping right back, turn 1/2 left stepping left forward
Option Replace full turn with walk forward - right, left (9:00)
- Section 5** **Side Touch x 2, Rock & Cross, Side Touch x 2, Rock & Cross**
1& Step right to right side, touch left beside right
2& Step left to left side, touch right beside left
3&4 Rock right to right side, recover onto left, cross right over left
Styling (optional) Clap on the step touches
5& Step left to left side, touch right beside left
6& Step right to right side, touch left beside right
7&8 Rock left to left side, recover onto right, cross left over right (9:00)
- Section 6** **Side Rock, Curtsey Unwind, Hip Bumps 1/4 Turn**
1-2 Rock right to right side, recover onto left
3-4 Cross right behind left, unwind full turn right (weight ends on left)
Option Replace full turn with step right beside left, hold
5& Step R to R side, bump hips to R
6&7&8 Continue to bump hips left, right, left, right, left making 1/4 turn left
Note Ensure weight shifts onto left on count 8 to start dance again (6:00)
- Ending** **Wall 7: Dance to count 7, section 2 (end of weave)**
Turn 1/4 left stepping left forward to face front, and pose!

Quelle:

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