



Poor Boy Shuffle

4 Wall, 64 Counts with 16 Count Bridge. Intermediate Level

Choreographed by: Vicki E. Rader (USA)

Choreographed to: 'Poor Boy Shuffle' by The Tractors (148 bpm), or any slow/medium swing for teaching.

Choreographers Note: The song Poor Boy Shuffle has an awkward intro. Start the dance on the vocals.

If danced to another track do not dance the bridge.

Section 1 Rock Step, Coaster Step, Step 1/2 Pivot Right, Shuffle Forward

- 1 – 2 Rock forward on right. Rock back onto left.
- 3 & 4 Step back on right. Step left beside right. Step forward right.
- 5 – 6 Step forward left. Pivot 1/2 turn right.
- 7 & 8 Step forward left. Close right beside left. Step forward left.

Section 2 Rock Step, Coaster Step, Step 1/2 Pivot Right, Shuffle Forward

- 9 – 16 Repeat steps 1 - 8 of Section 1.

Section 3 Side Rock, Diagonal Kicks, x 2

- 17 – 18 Rock to right side on right. Rock onto left in place.
- 19 – 20 Kick right to left diagonal twice.
- 21 – 22 Rock to right side on right. Rock onto left in place.
- 23 – 24 Kick right to left diagonal twice.

Section 4 Grapevine Right, Rolling Turn Left

- 25 – 26 Step right to right side. Cross left behind right.
- 27 – 28 Step right to right side. Touch left beside right.
- 29 Step left 1/4 turn left.
- 30 On ball of left pivot 1/4 turn left stepping right to right side.
- 31 On ball of right pivot 1/2 left stepping left to left side.
- 32 Touch right beside left.

Section 5 Jazz Box with 1/4 Turn Right, Jazz Box

- 33 – 34 Cross step right over left. Step back on left.
- 35 – 36 Step right 1/4 turn right. Step left beside right.
- 37 – 38 Cross step right over left. Step back on left.
- 39 – 40 Step right beside left. Step onto left in place.

Section 6 Long Step Slide Forward, Hold, Step Back, Slide, Step Back, Slide

- 41 Step right long step diagonally forward right.
- 42 – 44 Slide left to touch beside right over two counts.
- 45 – 46 Step left diagonally back left. Step right beside left.
- 47 – 48 Step left diagonally back left. Slide right to touch beside left.

Section 7 Extended Grapevine Right with Rock Left

- 49 – 50 Step right to right side. Cross step left behind right.
- 51 – 52 Step right to right side. Cross step left over right.
- 53 – 54 Step right to right side. Cross step left behind right.
- 55 – 56 Step right to right side. Rock step left to left side.

Section 8 Cross Shuffle, Side Shuffle, Behind Cross Shuffle, Side Shuffle

- 57 & 58 Cross right over left. Step left to left side. Cross left over right.
- 59 & 60 Step left to left side. Close right beside left. Step left to left side.
- 61 & 62 Cross right behind left. Step left to left. Cross right behind left.
- 63 & 64 Step left to left side. Close right beside left. Step left to left side.

Bridge Monterey 1/4 Turns Right x 4. (Danced once following fourth wall only)

- 1-2 Touch right toe to right side. On ball of left pivot 1/4 turn right stepping right beside left.
- 3-4 Touch left to left side. Step left beside right.
- 5-16 Repeat steps 1-4 of bridge a further three times.

Note: This bridge is inserted following the fourth wall of the dance to complete the instrumental break.