



No Signs

Count: 32

Wall: 4

Level: High Intermediate

Choreographer: Ria Vos (NL) - March 2026

Music: No Signs - The Soulful Gentlemen

Intro: 16 Counts from when the beat kicks in (approx. 28 sec)

Rock Fwd, Full Turn R, Rock Back, Spiral $\frac{3}{4}$ L, Side, Jazz Box Cross

1-2& Rock Fwd on R, Recover on L, $\frac{1}{2}$ Turn R Step Fwd on R (6:00)
3-4& $\frac{1}{2}$ Turn R Step Back on L, Rock Back on R, Recover on L (12:00)
5-6 Step Fwd on R Spiral $\frac{3}{4}$ Turn L, Step L to L Side (3:00)
7& Cross R Over L, Step Back on L
8& Step R to R Side, Cross L Over R

Basic R, Side-Touch, Side-Touch, Side, Behind-Side, $\frac{1}{8}$ L Step Fwd, $\frac{1}{2}$ L, Full Turn L

1-2& Step R Long Step to R Side, Step L Behind R, Step R over L
3& Step L to L Side (Slightly Fwd), Touch R Next to L
4& Step R to R Side (Slightly Fwd), Touch L Next to R
5-6& Step L Long Step to L Side, Step R Behind L, Step L to L Side
7 $\frac{1}{8}$ L Step Fwd on R Slowly Turning $\frac{1}{2}$ L Keep Weight on R Lifting L Slightly (7:30)
8 Step Fwd on L ***Restart Point See Note Below
&1 $\frac{1}{2}$ L Step Back on R, $\frac{1}{2}$ L Step Fwd on L (7:30)

Lock Step Fwd, Mambo Step, Point Back, Roll, Ball-Back, Hook, $\frac{1}{8}$ L, Side-Together

2&3 Step Fwd on R, Lock L Behind R, Step Fwd on R
&4& Rock Fwd on L, Recover on R, Step Back on L
5-6& Point R Back, Body Roll Backwards Stepping Weight on R, Step L Next to R
7& Step Back on R, Hook L in Front of R
8&1 Step Fwd on L, $\frac{1}{8}$ L Step R to R Side, Step L Next to R (6:00)

Cross, Side, Touch Behind, Full Unwind R, Side-Together, Cross w/Sweep, Jazz $\frac{1}{4}$ R

2&3 Cross R Over L, Step L to L Side, Touch R Behind L
4&5 Unwind Full Turn R (weight on R), Step L to L Side, Step R Next to L (6:00)
6-7& Cross L Over R Sweeping R Back to Front, Cross R Over L, $\frac{1}{4}$ R Step Back on L
8& Step R to R Side, Step Fwd on L (9:00)

Tag: After wall 1 (9:00) & 3 (12:00)

1-2& Rock Fwd on R, Recover on L, Step R Next to L
3-4& Rock Fwd on L, Recover on R, Step L Next to R
5& Rock Fwd on R, Recover on L
6&7 Step Back on R, Step L Next to R, Step Fwd on R
8& Pivot $\frac{1}{2}$ Turn L, Turn another $\frac{1}{2}$ L on L Foot Hitching R
(Easy Option 7-8: Rock Fwd on R, Recover on L Hooking R in Front)

Restart: After Count 16 on Wall 2.. Replace count 16 with:

Little 'Jump' Fwd on L Sweeping R $\frac{1}{8}$ L Back to Front and Restart Facing 3:00

Quelle: <https://www.copperknob.co.uk/>