



# 'Night Nurse'

## Choreographer Dee Musk (UK)

64 Count 2 Wall Intermediate Dance - With 4 Count Tag. Music:- 'Night Nurse' by Cascada - Album – Original Me.

**32 Count Intro. Approx 16 seconds - Track approx 3 mins 23 secs BPM 127**

Track available from iTunes.co.uk [deemusk@btinternet.com](mailto:deemusk@btinternet.com) Dee – 07814 295470

### Rock Recover, Coaster Step, Rock Recover, Coaster Step.

- 1,2 Rock forward on R, recover weight to L.  
3&4 Step back on R, close L beside R, step forward on R.  
5,6 Rock forward on L, recover weight to R.  
7&8 Step back on L, close R beside L, step forward on L.

(12 o'clock).

### Step 1/2 Turn L, Step Reverse 1/2 Turn R, Rock Recover, 1/2 Turn L, 1/4 Turn L.

- 1,2 Step forward on R, make a 1/2 turn L.  
3,4 Step forward on R, make a reverse 1/2 turn R stepping back on L.  
5,6 Rock back on R, recover weight to L.  
7,8 Make a 1/2 turn L stepping back on R, make a 1/4 turn L stepping L to L side.

(3 o'clock).

### Cross Rock Recover, Chasse R, Cross Rock, Recover, Shuffle 1/4 Turn L.

- 1,2 Cross rock R over L, recover weight to L.  
3&4 Step R to R side, close L beside R, step R to R side.  
5,6 Cross rock L over R, recover weight to R.  
7&8 Step L to L side, close R beside L, make a 1/4 turn L stepping forward on L.

(12 o'clock).

### 1/4 Turn L Touch, Kick Ball Cross, Side, Touch Ball Kick, Ball Cross.

- 1,2 Make a 1/4 turn L stepping R to R side, touch L beside R.  
3&4 Kick L to L diagonal, step L beside R, cross R over L.  
5 Step L to L side.  
6&7 Touch R beside L, step down on R, kick L to L diagonal.  
&8 Step down on L, cross R over L.

(9 o'clock).

### Side Rock Recover, Behind Side Cross, Hold Ball Cross, Side Rock Recover.

- 1,2 Rock L to L side, recover weight to R.  
3&4 Cross L behind R, step R to R side, cross L over R.  
5&6 Hold count 5, step R to R side, cross L over R.  
7,8 Rock R to R side, recover weight to L.

(9 o'clock).

### Sailor 1/4 Turn R, Rock Recover, Full Turn L, Back Touch.

- 1&2 Making a 1/4 turn R cross step R behind L, step L in place, step forward on R.  
3,4 Rock forward on L, recover weight to R.  
5-8 Travelling back make a 1/2 turn L stepping forward on L, make a 1/2 turn L stepping back on R, step back on L, touch R beside L.

(12 o'clock).

### Step R, Sweep L, Step L, Sweep R, Jazzbox 1/4 Turn R.

- 1-4 Step forward on R, sweep L from back to in front of R, step down on L, sweep R from behind to in front of L.  
5-8 Cross R over L, make a 1/4 turn R stepping back on L, step R to R side, cross L over R.

(3 o'clock).

### Hinge 1/2 Turn L, Cross Rock Recover, 1/4 Turn R, Step 1/2 Turn Step.

- 1,2 Make a 1/4 turn L stepping back on R, make a 1/4 turn L stepping L to L side.  
3,4 Cross rock R over L, recover weight to L.  
5-8 Make a 1/4 turn R stepping forward on R, step forward on L, make a 1/2 turn R, step forward on L.

(6 o'clock).

**4 count Tag danced end of walls 2 and 5.**

### R Rocking Chair

- 1-4 Rock forward on R, recover weight to L, rock back on R, recover weight to L.