



# Madiba Mambo

32 count, 4 wall, intermediate level

Choreographer: Kate Sala (UK), November 2008

Choreographed to: "The Boy Does Nothing" by Alesha Dixon

Start after a slow 32 count intro on the words "wash up".

## **Section 1 Cross Mambo, Cross & Heel, Forward Mambo, Hip Bumps Back**

- 1&2 Cross rock on L over R, recover on to R, step L to L side
- 3&4 Cross step R over L, step L to L side, dig R heel forward to R diagonal
- &5&6 Step R in place, rock forward on L, rock back on R, step back on L
- 7&8 Step back on R bumping the hips back, forward, back

## **Section 2 Sailor Step 1/4 Turn L, Ball Step L, Tap In, Step R, Cross Mambo With 1/4 Turn L, Step Pivot 3/4 Turn L, Step R**

- 1&2 Cross step L behind R, turn 1/4 L stepping R in place, step L to L side
- &3&4 Step on ball of R next to L, step L to L side, tap R toe next to L, step R to R side
- 5&6 Cross Rock on L over R, recover on to R, turn 1/4 L stepping forward on L
- 7&8 Step forward on R, pivot 3/4 turn L, step R out to R side

## **Section 3 Weave R, R Back Lock Step, Step Forward, 1/2 Turn R, Diagonal Forward, Side, Back**

- 1&2 Cross step L behind R, step R to R side, cross step L over R
- 3&4 Step back on R, lock step L over R, step back on R
- 5, 6 Step forward on L, turn 1/2 R stepping forward on R
- 7&8 Step L forward to L diagonal, step R to R side, step L back to centre

## **Section 4 Side Touch R, Step Together, Step Diagonal back L, Side, Forward, Mambo 1/2 Turn R, Hitch & Clap, Turn 1/2 R, Hitch & Clap, Side Step R**

- 1, 2 Touch R toe to R side, step R in next to L
- 3&4 Step back on L to L back diagonal, step R to R side, step L forward to centre
- 5&6 Rock forward on R, rock back on L, turn 1/2 R stepping forward on R
- &7 Hitch L knee and clap, turn 1/2 R stepping back on L
- &8 Hitch up R knee and clap, step R to R side

*Note: Section 3 counts 7 & 8 to section 4 counts 3 & 4 complete the shape of an hour glass.*

Start again – enjoy!

Quelle:

[www.katesala.net](http://www.katesala.net)

[www.citystompers.de](http://www.citystompers.de)

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