



# Love Flow

**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Niels Poulsen (DK): May 2018

**Music:** Let your love flow by The Bellamy Brothers. 109 BPM. Track length: 2.47. Album: Best of The Best. Buy on iTunes, etc

**Intro: 16 counts (app. 9 secs. into track). Start with weight on L foot**

**NOTE: NO TAGS – NO RESTARTS!**

**[1 – 8] R cross rock, ball cross, side R, L back rock, L chasse**

1 – 2            Cross rock R over L (1), recover on L (2) 12:00  
&3 – 4        Step R to R side (&), cross L over R (3), step R to R side (4) 12:00  
5 – 6            Rock back on L (5), recover on R (6) 12:00  
7&8            Step L to L side (7), step R next to L (&), step L to L side (8) 12:00

**[9 – 16] R back rock, shuffle ½ L, L back rock, ¼ R into L chasse**

1 – 2            Rock back on R (1), recover on L (2) 12:00  
3&4            Turn ¼ L stepping R to R side (3), step L next to R (&), turn ¼ L stepping back on R (4) 6:00  
5 – 6            Rock back on L (5), recover on R (6) 6:00  
7&8            Turn ¼ R stepping L to L side (7), step R next to L (&), step L to L side (8) 9:00

**[17 – 24] Behind side, cross shuffle, L side rock, cross shuffle**

1 – 2            Cross R behind L (1), step L to L side (2) 9:00  
3&4            Cross R over L (3), step L to L side (&), cross R over L (4) 9:00  
5 – 6            Rock L to L side (5), recover on R (6) 9:00  
7&8            Cross L over R (7), step R to R side (&), cross L over R (8) 9:00

**[25 – 32] Syncopated R vine, point L, clap X2, rolling vine into L chasse**

1 – 2&        Step R to R side (1), cross L behind R (2), step R to R side (&) 9:00  
3&4            Point L to L side (3), clap (&), clap (4) 9:00  
5 – 6            Turn ¼ L stepping L fwd (5), turn ½ L stepping back on R (6) 9:00  
7&8            Turn ¼ L stepping L to L side (7), step R next to L (&), step L to L side (8) 9:00

**Start Again!**

**Ending: Wall 9 is your last wall. It starts facing 12:00. Do up to count 21 (your L side rock) and then turn ¼ R onto R and shuffle L fwd to face 12:00 again 12:00**

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Quelle: <https://www.copperknob.co.uk>