



Lightning Polka

32 count, 4 wall, Intermediate
Choreographer Peter Metelnick (Canada)
Choreographed to Sin Wagon by Dixie Chicks;
I Want You Want Me by Jim Witter

Section 1 Right Rock, Syncopated Weave, Left Rock, Modified Sailor Step

1 - 2 Rock To Right Side On Right. Rock Onto Left In Place.
3 & 4 Cross Right Behind Left. Step Left To Left Side. Cross Right Over Left.
5 - 6 Rock To Left Side On Left. Rock Onto Right In Place.
7 & 8 Cross Left Behind Right. Step Right Slightly Right. Step Forward Left.

Section 2 Shuffle Forward, Step 1/2 Pivot Right, Heel Switches, Toe Touch

9 & 10 Step Forward Right. Close Left Beside Right. Step Forward Right.
11 - 12 Step Forward Left. Pivot 1/2 Turn Right.
13 & Touch Left Heel Forward. Step Left Beside Right.
14 & Touch Right Heel Forward. Step Right Beside Left.
15 - 16 Touch Left Heel Forward. Hook Left Across Right Tapping Toe To Floor.

Section 3 Shuffle Forward, Step 1/2 Pivot, Heel Switches, Stomp 1/4 Turn Kick

17 - 18 Step Forward Left. Close Right Beside Left. Step Forward Left.
19 - 20 Step Forward Right. Pivot 1/2 Turn Left.
21 & Touch Right Heel Forward. Step Right Beside Left.
22 & Touch Left Heel Forward. Step Left Beside Right.
23 Stomp Right Beside Left (no Weight).
24 On Ball Of Left Make 1/4 Turn Right Kicking Right Forward.

Section 4 Coaster Step, Shuffle Forward, Step 1/2 Pivot, Walk Forward

25 & 26 Step Back Right. Step Left Beside Right. Step Forward Right.
27 & 28 Step Forward Left. Close Right Beside Left. Step Forward Left.
29 - 30 Step Forward Right. Pivot 1/2 Turn Left.
31 - 32 Step Forward Right. Step Forward Left.
Option: Steps 31 - 32 Can Be Replaced With A Full Turn Left, Travelling Forward.

Quelle:

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