



Light Me Up

Count: 32

Wall: 2

Level: Improver

Choreographer: José Miguel Belloque Vane (NL) & Guillaume Richard (FR) - March 2022

Music: Flames - R3HAB, ZAYN & Jungleboi

Dance starts from the lyrics (you better run from me)

Restart : At wall 3, dance the first 13 counts, and add these steps to restart the dance then

6-7-8 Step down on R (6), Make ¼ turn L stepping on L (7), Touch R next to L (8)

[1 – 8] Out Out, Clap, Step Lock Step & Sweep, Cross, Side, Behind & Sweep, Weave

&1-2 Step out R back (&), Step out L to L (1), Clap both hands above your head (2) 12:00

3&4 Step R fwd (3), Cross L behind R (&), Step R fwd and sweep L from back to front (4) 12:00

5&6 Cross L over R (5), Step R to R (&), Cross L behind R and sweep R from front to back (6) 12:00

7&8 Cross R behind L (7), Step L to L (&), Cross R over L (8) 12:00

[9 – 16] Step & Tap, Side, Behind, Side, ¼ turn Step, Step ½ turn, Step & Hitch, Step, Out Out In & Cross

&1-2 Step L to L (&), Tap R toes behind L (1), Step R to R (2) 12:00

3&4& Cross L behind R (3), Make ¼ turn R stepping R fwd, (&), Step L fwd (4), Make ½ turn R stepping on R (&) 3:00

5-6 Step L fwd and raise on L toes as you hitch R knee (5), Step R fwd (6) 9:00

7&8& Step out L to L (7), Step out R to R (&), Step in L back to center (8), Cross R over L (&) 9:00

[17 – 24] Lunge, ¼ turn, ½ Step Back, Coaster Step, Step, Step Lock Step

1-2 Step L to L and bend L knee to go lower (1), Make ¼ turn R stepping on R fwd (2) 12:00

3-4& Make ½ turn R stepping L back (3), Step R back (4), Step L next to R (&) 6:00

5-6 Step R fwd (5), Step L fwd (6) 6:00

7&8 Step R fwd (7), Cross L behind R (&), Step R fwd (8) 6:00

[25 – 32] Mambo Fwd, Mambo Back, Step Touch x2, Step Back & Drag

1&2 Step L fwd (1), Recover on R (&), Step L back (2) 6:00

3&4 Step R back (3), Recover on L (&), Step R fwd (4) 6:00

5&6& Step L fwd onto L diagonal (5), Touch R next to L (&), Step R fwd onto R diagonal (6), Touch L next to R (6) 6:00

7-8 Step L back (7), Drag R next to L (8) 6:00

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Last Update - 30 Mar 2022

Quelle: <https://www.copperknob.co.uk/>