



Lady

32 count, Phrased Intermediate Line Dance, 1 Tag
Choreographer: Rob Fowler (UK), March 2008
Choreographed to: "Lady" by Kenny Rogers

8 counts intro

Sequence: Short Wall; Short Wall; Long Wall; Tag;
Short Wall; Short Wall; Long Wall; Tag;
Long Wall; Long Wall.

Short Wall

Section 1 Side L, Cross Rock, 1/4 Turn, 3/4 Pivot, Side, L, Coaster, Lock Step, 1/2 Turn, Touch

1, 2& Step left to left side, rock back on right, recover weight on left
3, 4& Turn 1/4 right stepping forward on right, step forward left, pivot 3/4 turn right (weight on right)
5, 6& Step left to left side, step back on right, step left next to right
7&8&1 Step right forward, lock left behind right, step forward on right,
make a 1/2 turn right whilst hitching left, touch left out to left side (6 o'clock)

Section 2 Cross Rock, Side L, Cross, 1/4 Turn R x2, Cross Rock, Side L, Cross Full Unwind (See Notes)

2&3 Rock left over right, recover weight on right, step left to left side
4&5 Cross right over left, make a 1/4 turn right stepping back on left,
make another 1/4 turn right stepping right to right side
6&7 Rock left over right, recover weight on right, step left to left side
8(ish) Cross right over left and unwind a full turn left (weight on right)

Note: *There is a break in the music, execute this turn throughout the break, approx 4 counts*

Section 3 Side L, Back Rock, Side R, Cross, 1/4 Turn L, Side L, Back Rock, Side R, Cross, 1/4 Turn L

1, 2& Step left to left side, rock back on right, recover weight on left
3, 4& Step right to right side, cross left over right, make a 1/4 turn left stepping back on right
5, 6& Step left to left side, rock back on right, recover weight on left
7, 8& Step right to right side, cross left over right, make a 1/4 turn left stepping back on right (6 o'clock)

Long Wall

Section 4 Side L, Cross Rock, Side R, Cross Rock, Side L, Step R, Pivot 1/2 L, 1/2 Turn L, Sweep, 1/4 Turn R x2

1, 2&3 Step left to left side, cross right over left, recover weight on left, step right to right side
4&5 Cross left over right, recover weight on right, step left to left side
6&7 Step forward on right, pivot 1/2 turn left, make another 1/2 turn left stepping back on right
8&1 Sweep left behind right stepping onto left, make a 1/4 turn right stepping forward on
right, make another 1/4 turn right stepping left to left side (to start the dance again) (12 o'clock)

Note: *In addition, when dancing the Long Wall, the full unwind at Count 16 in the Short Wall is completed in just one count*

Tag : Side Step, Back Rock/Recover x2

1, 2& Step left to left side, rock back on right, recover weight on left
3, 4& Step right to right side, rock back on left, recover weight on right