



(Geek) In The Pink

32 count, 4 wall, intermediate level

Choreographer: Johanna Barnes (USA)

Choreographed to: "Geek In The Pink" by Jason Mraz

Section 1 Knee Rolls Right, Left, Rock-Recover Forward & Back, Step Right, Scuff/Hitch 1/2 Turn Right

- 1 Right step forward and roll right knee out forward & to the right, rotate hip to follow knee
 - 2 Roll right knee back to the left and weight right, rotate hip to follow knee
 - 3 Left step forward and roll left knee out forward & to the left, rotate hip to follow knee
 - 4 Roll left knee back to the right and weight left, rotate hip to follow knee
 - 5& Right rock forward, recover weight back onto left
 - 6& Right rock back, recover weight back onto left
 - 7 Right step forward
 - & Left scuff (heel) forward & hitch knee, 1/2 turn right (6:00)
 - 8 Hold in hitch position (this is brief)
- During the 5&6& rock-recover sequence; keep centered over left foot, use knee bends to make the movement small*

Section 2 Step Left, 1/2 Pivot Left, Coaster Step, Funky Foot Slides

- 9, 10 Left step forward, 1/2 pivot turn left, weight right (12:00)
- 11&12 Left step back, right step next to left, left step forward
- 13 Pushing off left foot, right slide on forward diagonal to 1:00 & angling body toward 11:00 while turning feet/knees out
- & Left slide next to right while closing feet and knees, angling body toward 1:00
- 14 Pushing off right foot, left slide on forward diagonal to 11:00 & angling body toward 1:00 while turning feet/knees out
- & Right slide next to left while closing feet and knees, angling body toward 11:00
- 15 Pushing off left foot, right slide on forward diagonal to 1:00 & angling body toward 11:00 while turning feet/knees out
- & Left slide next to right while closing feet and knees, angling body toward 1:00
- 16 Pushing off right foot, left slide on forward diagonal to 11:00 & angling body toward 1:00 while turning feet/knees out

Options *More advanced movement for 3&4; one full triple turn left*

Easier option for 5&6&7&8; step and touch instead of using the pushing action and foot/knee turning

Simplest option for 5&6&7&8; half time doing one forward step right, touch left then one forward step left, touch right (5-6-7-8)

Section 3 Right Kick, Short Weave Left, Left Press-Recover, Left Sweep Behind, Step Right, Ankle Breaks, Right Step Back, Left Step Left, Push Hips Forward And Back

- &17 Right kick out to quickly to right diagonal, right cross step behind left
- &18 Left step left, Right step slightly across left and slightly in front of left
- &19 Left press forward into the floor, recover weight back onto right, sweeping left around and behind right
- 20& Left step crossed behind right, right step right
- 21 Left step across right, weight on the front/balls of feet, "breaking" the ankles right, or bend knees to right rolling right foot to outside of foot (letting left follow)
- & Rock to outside of left foot, "breaking" ankles left, or bend knees left finishing with weight slightly pressed into left
- 22 Right step back
- 23 Left place left (leave weight right), pointing foot toward 9:00
- & Keep feet in place, push hips forward left toward 9:00, transferring weight left
- 24 Keep feet in place push hips back right toward 3:00, transferring weight right

Section 4 Hip Push Forward, Sit Back, Step 1/4 Left, 1/2 Pivot Left, 1/4 Sailor Left With Over-Rotation, 3/4 Walk-Around Right, Step Left

- & Keep feet in place, push hips forward left toward 9:00, transferring weight left
25 Roll hips back into a sit (weight right), left knee bent, rise in the left heel
Use the count "ah" 1 to accomplish it
26 Transfer weight forward onto left, finishing 1/4 left (9:00)
27 Right step pivot 1/2 left
28 Left step behind right, turning 1/8 left
& Right step side, turning 1/8 left to complete 1/4
29 Left step slightly left, over-rotate hips so that legs are crossed to angle toward 11:00
30 Right step 1/4 right forward, toward 4:00
& Left step 1/4 right, toward 7:00
31 Right step 1/4 right, toward 9:00
32 Left step forward left (9:00)

Start again, 1/4 to the left of the previous wall

Restart Restart at 16 counts into 6th wall

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Quelle:

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