

Engel



Count: 48 **Wall:** 1 **Level:** Phrased Improver / Intermediate
Choreographer: Raymond Sarlemijn, Darren Bailey, Roy Hadisubroto, Michel Platje (Nov 2014)
Music: Admiral P Ft. Nico with D-Engel

Style: Fun Dance A,B, A,A, B,A, A,B, A

PART A – 32 counts

Walk, hitch walk back, hitch

1&2& RF walk forward, LF walk forward, RF walk forward, LF hitch up left leg
3&4& LF step forward, RF step forward, LF step forward, RF hitch up right leg
5&6& RF step backwards, LF hitch up left leg, LF step backwards, RF hitch up right leg
7&8& RF step backwards, LF hitch up left leg, LF step backwards, RF hitch up right leg

Side steps, ¼ turn right, side steps, ¼ turn right

1&2& RF step to right side, LF step next to RF, RF step to right side, LF touch next to RF
3&4& LF step to left side, RF step next to LF, LF step to left side, RF touch next to LF
5&6& RF step ¼ to right (9:00), LF touch next to RF, LF step to left side, RF touch next to LF
7&8& RF step ¼ right(6:00), LF touch next to RF, LF step to left side, RF touch next to LF

Kick forward (Michael Jackson style) Coaster step

1& RF kick forward (variation bend knee inwards), RF lift leg up
2& RF kick forward (variation bend knee inwards), RF lift leg up
3& RF step backwards, LF step next to RF
4 RF step forward
5& LF kick forward (variation bend knee inwards), LF lift leg up
6& LF kick forward (variation bend knee inwards), LF lift leg up
7& LF step backwards, RF step next to LF
8 LF step forward

Bouncing shuffles backwards, Sailor step ½ turn

1&2 RF step backwards bounce knees, LF cross over RF bounce knees, RF step backwards bounce knees
3&4 LF step backwards bounce knees, RF cross over LF bounce knees, LF step backwards bounce knees
5&6 RF step backwards bounce knees, LF cross over RF bounce knees, RF step backwards bounce knees
(start ½ turn left whilst doing this sweep LF from front to back)
7&8 LF take weight(12.00), RF step next to LF, LF stomp down next to RF

PART B – 16 counts

Knee lifts hands up

1 RF lift up right knee whilst doing this both hand go down
2 LF lift up left knee whilst doing this both hand go down
3 RF lift up right knee whilst doing this both hand go down
& RF put RF down hands go up
4 RF lift knee up whilst doing this both hand go down
5 LF lift knee up whilst doing this both hand go down
6 RF lift knee up whilst doing this both hand go down
7 LF lift up left knee whilst doing this both hand go down
& LF put LF down hands go up
8 LF lift up left leg whilst doing this both hand go down

Knee lifts, Ball change, coaster step

1 RF lift up right knee whilst doing this both hand go down
2 LF lift up left knee whilst doing this both hand go down
3 RF lift up right knee whilst doing this both hand go down
& RF put RF down hands go up
4 RF lift knee up whilst doing this both hand go down
& RF step forward
5 LF step forward both hands go forward
6 RF recover hands go over your head
7 LF step backwards hands go down
& RF step next to LF hands go down
8 LF step forward hand are completely down

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