



East To West

96 count, 2 wall, beginner/intermediate level

Choreographer: Larry Hayden (UK), March 2006

Choreographed to: "Coast To Coast" (130 bpm) by Modern Talking America, The 10th Album

Section 1 Side Together, Chasse 1/4 Turn, Pivot 1/2 Turn, Shuffle Forward

1, 2 Step right to the right, step left next to right
3&4 Chasse to right with 1/4 turn right (on count 4)
5, 6 Step forward on left, 1/2 pivot turn right
7&8 Shuffle forward on left, right, left

Section 2 Rock & Cross x2 (Travel Slightly Forward), Cross Back Back (3 Counts of a Jazz Box), Cross

1&2 Rock right to right side, recover onto left, cross right over in front of left
3&4 Rock left to left side, recover onto right, cross left over in front of right
5, 6 Step right over left, step back on left
7, 8 Step right to right side, cross left over right

Section 3 Back Back, Coaster, Rock Shuffle 1/2 Turn

1,2 Step back on right, step left to left side
3&4 Right coaster step
5, 6 Rock forward on left, recover on right
7&8 Shuffle 1/2 turn left stepping left right left

Section 4 Rock 1/4 Turn, Cross Shuffle, 2 Step 1/2 Turn, Cross Shuffle

1,2 On ball of left turn 1/4 left and rock right to right side, recover onto left
3&4 Cross right over left, step left to left side, cross right over left
5, 6 Turn 1/4 right stepping back on left, turn 1/4 right stepping right to right side
7&8 Cross left over right, step right to right side, cross left over right

Section 5 Monterey 1/2 Turn x 2

1, 2 Point right to right side, turn 1/2 right stepping right next to left
3, 4 Point left to left, step left next to right
5, 6 Point right to right side, turn 1/2 right stepping right next to left
7, 8 Point left to left, step left next to right

Section 6 Kick Ball Step, Step Touch Behind x 2 Right Then Left

1&2 Kick right forward, step down on ball of right foot, step forward on left
3, 4 Step forward on right and touch left behind
5&6 Kick left forward, step down on ball of left, step forward on right
7, 8 Step forward on left and touch right behind

Section 7 Rock Recover, 2 x 1/2 Shuffles, Rock Recover

1, 2 Rock forward on right, recover
3&4 Turning a half turn over right shoulder shuffle forward right, left, right
5&6 Turning a half turn over right shoulder shuffle back left, right, left
or just 2 shuffles back right then left
7, 8 Rock back on right, recover

Section 8 Cross Side, Sailor with a Dig, Step x 2 Right Then Left

1, 2 Cross right over left, step left to left side
3&4& Cross right behind left, step left to left side, dig right heel forward, step down on right
5, 6 Cross left over right, step right to right side
7&8& Cross left behind right, step right to right side, dig left heel forward, step down on left

Section 9 Cross Rock Recover, Chasse, Cross Rock Recover, Sailor 1/2 turn

- 1, 2 Cross rock right over left, recover
- 3&4 Chasse right
- 5, 6 Cross rock left, recover
- 7&8 Left sailor step turning 1/2 turn left

Section 10 Cross Rock Recover, Chasse, Cross Rock Recover, Sailor 1/2 Turn

- 1,2 Cross rock right over left, recover
- 3&4 Chasse right
- 5, 6 Cross rock left, recover
- 7&8 Left sailor step turning 1/2 turn left

Section 11 Chasse, Rock Back Recover, Kick Ball Cross x 2

- 1&2 Chasse right
- 3, 4 Rock back on left, recover
- 5&6 Left kick ball cross
- 7&8 Left kick ball cross

Section 12 Chasse, Rock Back Recover, Kick Ball Cross x 2

- 1&2 Chasse left
- 3, 4 Rock back on right, recover
- 5&6 Right kick ball cross
- 7&8 Right kick ball cross

Quelle:

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