



“Cameroon”

High Beginner 4 wall line dance (32 counts)

Choreographer: Ria Vos, dansenbijria@gmail.com

Music: “Cameroon (Twisted Dee Radio)” Bebe Zahara Benet

Album: Cameroon

Intro: 64 Counts (± 31 sec.)

Diagonal Shuffles R-L, Skate, Skate, Diagonal Shuffle R

1&2 Shuffle Fwd to Right Diagonal Stepping R-L-R

3&4 Shuffle Fwd to Left Diagonal Stepping L-R-L

5-6 Skate Fwd R-L

7&8 Shuffle Fwd to Right Diagonal Stepping R-L-R

Jazz Box ¼ L, Chasse L, Rock Back

1-2 Cross L Over R, Step Back on R ¼ Turn Left

3-4 Step L to Left Side, Cross R Over L

5&6 Step L to Left Side, Step R Next to L, Step L to Left Side

7-8 Rock Back on R, Recover on L

Side-Hold (with Bumps), & Side, Together, Side Rock, Behind-Side-Fwd

1-2 Step R to Right Side, Hold (Bump Hips R-L-R on 1&2 for styling)

&3-4 Step L Next to R, Step R to Right Side, Step/Stomp L Next to R

5-6 Rock R to Right Side, Recover on L

7&8 Step R Behind L, Step L to Left Side, Step Fwd on R

Shimmy Fwd, Rock Back, Recover with Flick, Step, Pivot ½ L, Full Turn L (or Walk)

1-2 Step & Lean Fwd on L Shimmy Shoulders Fwd for 2 Counts

3-4 Rock Back on R, Recover on L with R Flicking Backwards

5-6 Step Fwd on R, Pivot ½ Turn Left

7-8 ½ Turn Left Step Back on R, ½ Turn Left Step Fwd on L (*Option: Walk Fwd R-L*)

Ending: Replace ½ Turn L on count 32 with a ¼ Turn L to face the front wall, then on the last count of the music Step Fwd on R (*or slightly crossed ;-*)