



# Bounce

32 count, 4 wall, beginner level

Choreographer: Barry Durand

Choreographed to: "Bounce" by Sarah Connor

"Slow" by Kylie Minogue

Any funky music

## Section 1 Tap Steps l+r, Step 1/2 Turn Right, Shuffle lrl

- 1, 2 Tap forward left, step on left
- 3, 4 Tap forward right, step on right
- 5, 6 Step forward left, 1/2 turn right
- 7&8 Shuffle forward left, right, left

## Section 2 Tap Steps r+l, Step 1/2 Turn Left, Shuffle rlr

- 1, 2 Tap forward right, step on right
- 3, 4 Tap forward left, step on left
- 5, 6 Step forward right, 1/2 turn left
- 7&8 Shuffle forward right, left, right

## Section 3 Kick Ball 1/4 Turn Right and Press, Heel Taps 2x

- 1&2 Kicking left, step together with left, turn 1/4 to right and press forward on right ball of foot
- 3, 4 Drop right heel 2 times
- 5&6 Brush and jump slightly on left, tap right toe behind and crossed to left foot
- 7&8 Hold, jump back onto right, tap left together with right turning body 1/4 turn to right but still facing same direction

*I don't consider this a turn. Just tapping together with both knees slightly bent and left hip facing the original direction facing when doing the jump. Body does feel like it made a 1/4 turn right.*

*Prepare to do hip roll*

## Section 4 Hip Roll Step, Syncopated Vine

- 1-4 Roll hips in a circle counter-clockwise
- 5 Step right foot to right side
- 6&7 Cross left foot behind right, step right foot to right side, cross left foot in front of right
- 8 Step right foot to right side

*When you do the hip roll and then step side, you should be facing the wall you were facing for the jumps on the side step*

## Repeat

Funky style dance works to any funky music or disco from 105 – 125 bpm.

Quelle:

[www.barrydurand.com](http://www.barrydurand.com)

[www.citystompers.de](http://www.citystompers.de)

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