

Book of Life



Count: 40 **Wall:** 4 **Level:** Improver
Choreographer: Ryan King (March 2015)
Music: Us The Duo – No Matter Where You Are

LDF Manchester

Intro: 32 Counts - Start on heavy beat

S1: Side, Together Chasse, Cross Rock Recover, ¼ Chasse

1 2 Step Right to Right side, Step Left next to Right.
3 & 4 Step Right to Right side, Step Left next to Right, Step Right to Right side.
5 6 Cross rock Left over Right, Recover onto Right.
7 & 8 Step Left to Left side, Step Right next to Left, Make ¼ Left stepping forward Left.

S2: Step Lock Step, Step Lock Step, Pivot ½

1 2 Step forward Right, Lock Left behind.
3 4 Step forward Right, Step forward Left.
5 6 Lock Right behind, Step forward Left.
7 8 Step forward Right, Pivot ½ putting weight onto Left.

S3: Shuffle Pivot ½, Shuffle Pivot ¼

1 & 2 Step forward Right, Step Left next to Right, Step forward Left.
3 4 Step forward Left, Pivot ½ putting weight onto Right.
5 & 6 Step forward Left, Step Right next to Left, Step forward Left.
7 8 Step forward Right, Pivot ¼ putting weight onto Left.

S4: Jazz Box, 2 x Pivot ½ Turns

1 2 Cross Right over Left, Step back Left.
3 4 Step Right to Right side, Step forward Left.
5 6 Step forward Right, Pivot ½ putting weight onto Left.
7 8 Step forward Right, Pivot ½ putting weight onto Left.

S5: ¼ Jazz Box, ½ Monterey

1 2 Cross Right over Left, Step back Left.
3 4 Step Right to Right side making ¼ Right, Step Left next to Right.
5 6 Touch Right toe out to Right Side, Pivot 1/2 to Right placing Right foot next to Left.
7 8 Touch Left toe out to Left side, Return Left foot next to Right taking weight on Left.

Quelle: <http://www.copperknob.co.uk/>