

## **Ballymore Boys**

32 count, 4 wall, Intermediate Choreographer Dynamite Dot (UK) Choreographed to The Boys From Ballymore by Shamrock Beats per Minute 132

Section 1 1 - 2 3 - 4 5 - 6 7 & 8	Reverse 1/2 Turn Right, Step 1/2 Piwt, Knee Bends, Front Ball Side Touch Right Toe Back. Pivot 1/2 Turn Right Taking Weight Onto Right. Step Forward Left. Pivot 1/2 Turn Right (weight Ends Back On Left) With Right Toe Slightly Forward, Bend Knees, Down Then Up (hands On Thighs) Touch Right Toe Forward. Step Right Beside Left. Touch Left Toe To Left Side.
Section 2 9 & 10 11 & 12 13 & 14 15 & 16	Left Sailor, Right Sailor, Left Sailor With 1/4 Turn, Shuffle Forward Cross Left Behind Right. Step Right To Right Side. Step Left To Place. Cross Right Behind Left. Step Left To Left Side. Step Right To Place. Cross Left Behind Right. Step Right To Right Making 1/4 Turn Left. Step Forward Left. Step Forward Right. Close Left Beside Right. Step Forward Right.
Section 3 17 18 19 & 20 21 & 22 & 23 & 24	Full Turn, Hip Bumps, Shuffle Back, 1/2 Turn Left Shuffle Forward On Ball Of Right Make 1/2 Turn Right, Stepping Back Left. On Ball Of Left Make 1/2 Turn Right, Stepping Forward Right. Step Forward Left, Bumping Hips - Left, Right, Left. Step Back Right. Close Left Beside Right. Step Back Right. On Ball Of Right Make 1/2 Turn Left. Step Forward Left. Close Right Beside Left. Step Forward Left.
Section 4 25-26 27 & 28 & 29 & 30 & 31 & 32	Step 1/2 Pivot Left, Side Touches, Heel Switches, Clap Twice Step Forward Right. Pivot 1/2 Turn Left. Touch Right To Right Side. Step Right Beside Left. Touch Left To Left Side. Step Left Beside Right. Touch Right Heel Forward. Step Right Beside Left. Touch Left Heel Forward. Step Left Beside Right. Touch Right Heel Forward. Clap Hands Twice.

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