

Official WCDF competition dance description 2010

Wreck & Effect

Girajo (Gio Coenmans, Ray Sarlemijn & José Vane)

Type : 32 Count, 4 Wall Funky
Level : Newcomer
Music : "Rump Shaker" by Wreckx-N-Effect (BPM 103)

SCUFF, HITCH, TOUCH, SIDE, TOUCH, OUT, OUT, STEP, RECOVER, STEP, RECOVER

1 RF scuff heel forward
& hitch right knee forward
2 RF touch next to LF
3 RF step side right
4 LF touch next to RF
5 LF step side left
6 RF step side right
7 LF step diagonally forward left
& RF recover
8 LF step diagonally forward left
& RF recover

STEP, TOUCH, STEP, TOUCH, ¼ TURN, ½ TURN, COASTER STEP

9 LF step side left
10 RF cross touch over LF
11 RF step side right
12 LF cross touch over RF
13 LF ¼ turn left step forward
14 RF ½ turn left step back (3.00)
15 LF step back
& RF step next to LF
16 LF step forward

KICK & ROCK & KICK & ROCK & STEP, ¾ PADDLE TURN

17 RF kick forward
& RF step forward
18 LF rock side left
& RF recover
19 LF kick forward
& LF step forward
20 RF rock side right
& LF recover
21 RF step forward
22 RF ¼ turn right touch left toe side left
23 RF ¼ turn right touch left toe side left
24 RF ¼ turn right touch left toe side left
(12.00)

SAILOR STEP, SAILOR STEP, HITCH, STEP, ½ TURN, ¼ TURN

25 LF cross behind RF
& RF step side right
26 LF step side left & slightly forward
27 RF cross behind LF
& LF step side left
28 RF step side right & slightly forward
29 hitch left knee forward
30 LF step side left
31 RF ½ turn right step side right
32 LF ¼ turn right step forward (9.00)